Britain Under Threat: Civil Defence in the Era of Total War, 1914–1989 Teaching Pack



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### Introduction

Throughout the twentieth century, civil defence took on an increasingly important role in British policy-making and, by extension, in British society. This collection explores the various forms civil defence took—from the distribution of gas masks and the construction of public shelters, to the imposition of a blackout and the recruitment of wardens—and the ways in which it changed in response to the almost constant evolution of the methods and technologies of warfare.

Civil defence initiatives were also shaped by—and in turn, shaped—the political, social, and cultural context of the time, much of which was thrown into flux by the upheaval of war. The documents in this teaching pack explore the ways civil defence grew and shifted from the earliest reactive efforts of the First World War, through the large-scale and intense programme prompted by the Second World War, and into the anxious and uncertain environment of the Cold War.

The activities contained within this teaching pack could easily take around **30–40 minutes**, though the exact duration will depend on reading time and the breadth and depth of accompanying discussion.

## **Learning Objectives**

1. Explore the origins of Britain's civil defence strategy, in the wake of the first air raids on British soil during the First World War.

2. Gain an insight into the realities of sheltering during the Blitz, and what this can tell us about the effects of the Second World War on British society at large.

3. Investigate how developments in military technology shaped approaches to civil defence and how these were presented to the public.



### **Historical Background and Context**

Britain's island geography had long spared its civilians from the worst impacts of warfare, especially during the increasingly brutal conflicts of the eighteenth and nineteenth centuries. That all changed, however, with the advent of military aircraft. By the time the First World War broke out in 1914, the towns, cities, and people of the British Isles were very much in the firing line. It rapidly became clear to the government that efforts needed to be made to protect the public—as well as factories, transport links, and military installations at home—if the war effort was to be sustained. This need formed the impetus behind civil defence.

In reality, though, the bombing of Britain during the First World War remained little more than an occasional nuisance, albeit one which was terrifying and dangerous for those in the targeted areas. The interwar years, however, saw great leaps forward in bomber aircraft and many feared the Second World War would be won or lost through the catastrophic bombardment of cities far from the frontline. As a result, civil defence took on an increased importance in Britain and was really pushed to the test during the Blitz of 1940–1941.

Even that ordeal seemed to be dwarfed by the advent of the atomic age. The examples of Hiroshima and Nagasaki showed the awesome power that a single bomb could unleash on a major city. As the Cold War escalated, and the atomic bomb was eclipsed in turn by the even more destructive hydrogen bomb, British civil defence authorities had to balance the need to prepare the country for a possible nuclear attack with the bitter reality that such an attack might not even prove survivable.



## SOURCE ONE

# Source Intro

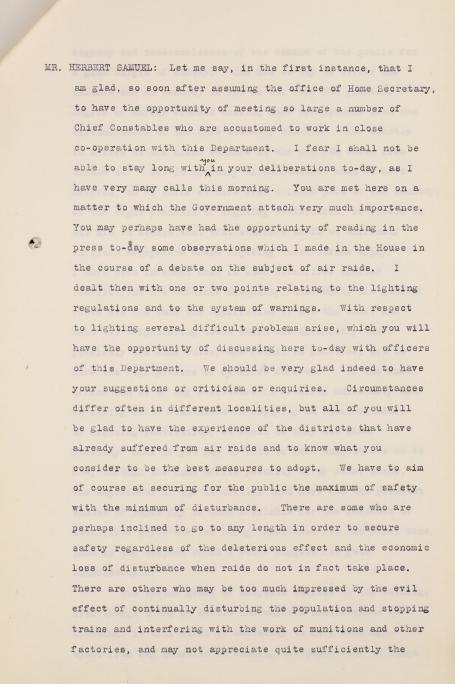
The first air raid on Britain took place in January 1915. The civil defence response which followed was haphazard, inconsistent, and lacking in central coordination. The meeting recorded in this document took place a little over a year later and reflected efforts by the Home Secretary, Sir Herbert Samuel, to rectify this situation by drawing together local expertise on civil defence into a workable national strategy.

# Source

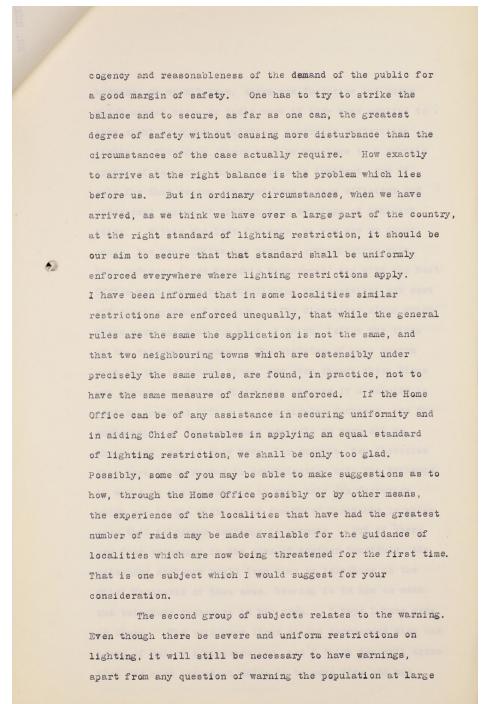
"Notes of Deputation of Chief Constables and Telephone Superintendents", 17 February 1916.

HO 45/11193, images 706-709.

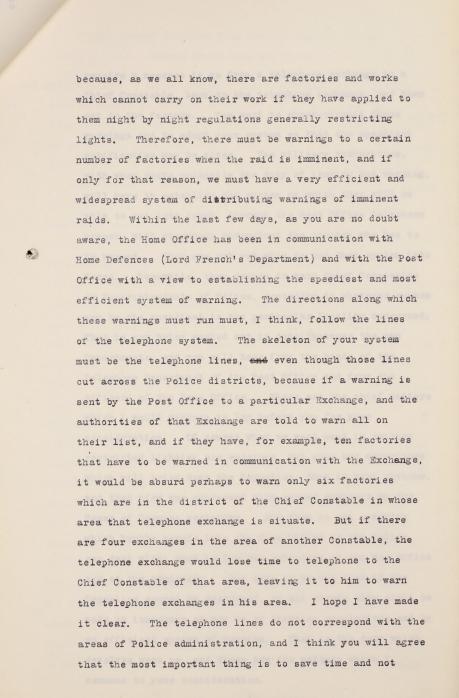














require a message to go from a telephone exchange to a Chief Constable, back to the telephone exchange, and then out to the factory. You want to short-circuit these warnings and to adapt your system so that the speediest notification may be given. The military authorities, with whom rests primarily the duty of issuing the warning, will have to establish the system by which they will be able to get into touch, through the Post Office telephone branch, with everybody throughout the country who has to be warned. They are not yet able to put that system into force. Meanwhile, they desire to warn Chief Constables or Superintendents of Police, according to whatever system may be the speediest in the particular locality concerned. That is now being worked out in detailbetween the two Departments, and you will hear from the heads of the Telephone Department of the Post Office and from the officers of the Home Office. These are the chief matters which I would venture to lay before you for your consideration. Of course what we want most is neither restricted lighting nor warnings, but guns and aeroplanes which will bring down the Zeppelins; that is very obvious, and that view was expressed with proper emphasis by the House of Commons yesterday. But that is not a matter which humble people like the Home Office or the Police can deal with: that is for our defenders at the War Office and at the Admiralty. Our duty is to see that if the Zeppelins cannot be destroyed, at all events they shall be made as innocuous as may be by lighting regulations and by an efficient system of warning. That is the duty which devolves upon us, and those are the matters which I commend to your consideration.



### **Questions for Discussion**

1. What were the priorities of this early civil defence endeavour and why were they considered of such vital importance?

2. Where did responsibility for civil defence sit during the first half of the First World War and what were the advantages and disadvantages of this approach?

3. How significant was civil defence to the wider British war effort during the First World War?



# SOURCE TWO

# Source Intro

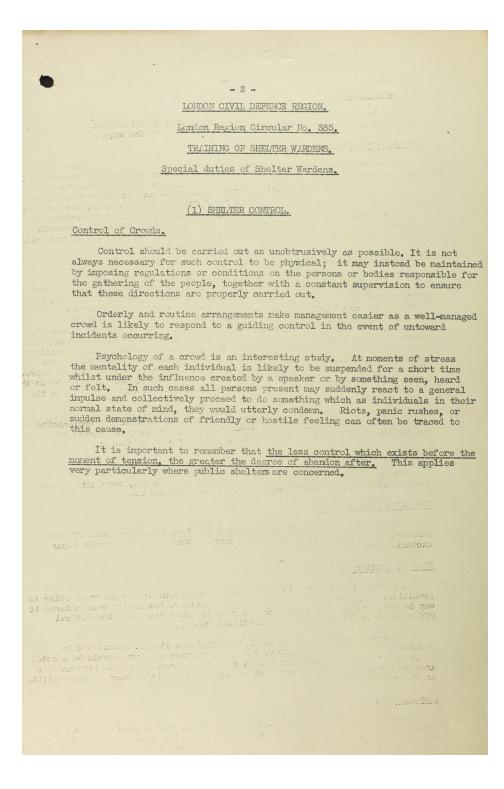
Between September 1940 and May 1941, Britain experienced an almost uninterrupted period of daily or nightly air raids, targeting London and a number of other major cities. This became known as the Blitz. While the government had long feared an attack of this scale, they were still fairly unprepared and the provision of public shelters remained inadequate. Many Londoners, therefore, took matters into their own hands and sought shelter on the Underground. This was initially resisted by the authorities, but they later relented and began to provide facilities for regular overnight shelterers, including the appointment of shelter wardens. This document details some of the training with which these wardens were provided.

# Source

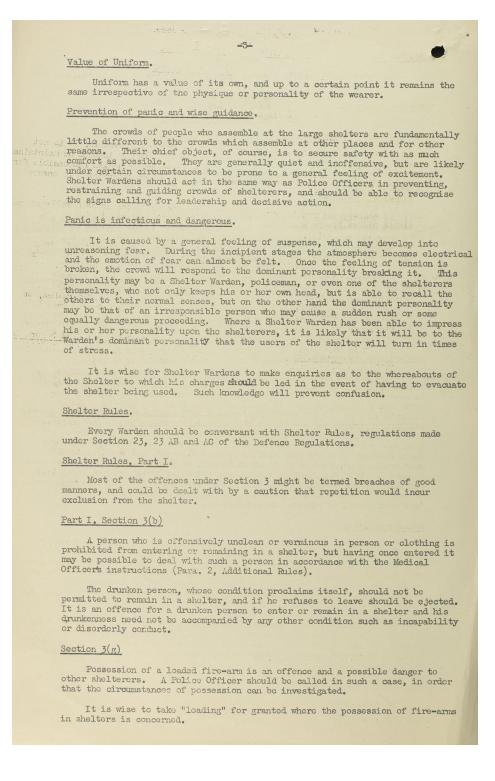
"London Civil Defence Region: Instructors' Course for Officers Responsible for Shelters", 1941.

HO 207/386, images 174-179.

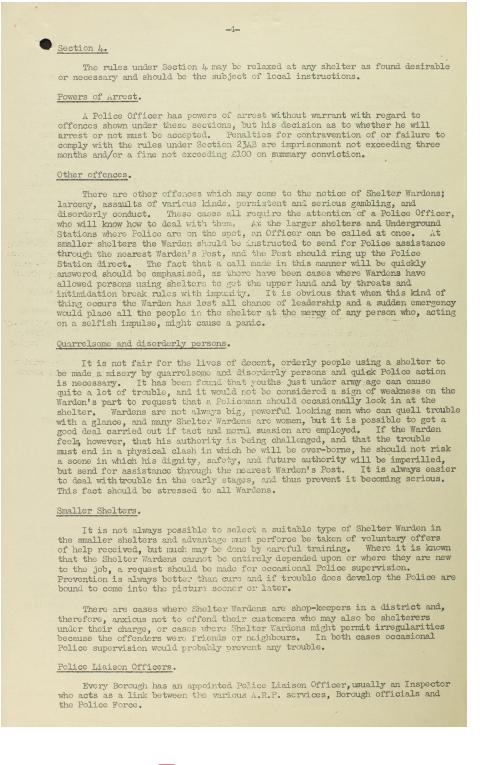




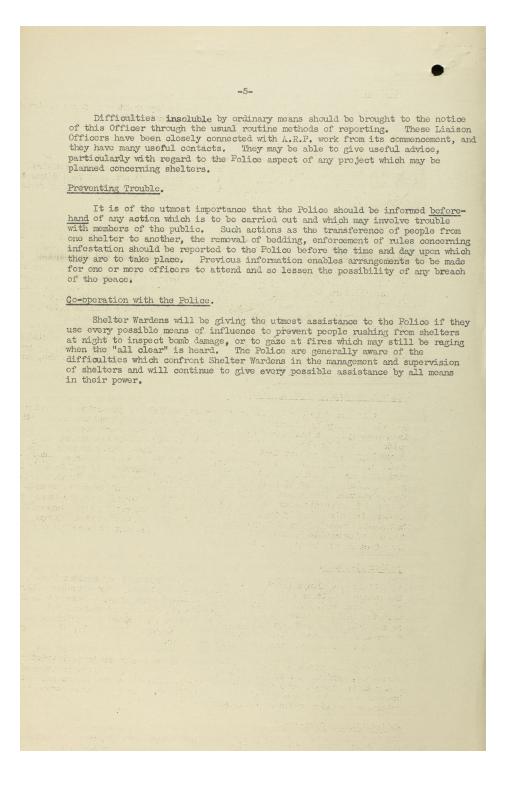














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(2) SHELTER MANAGEMENT.	
A good shelter does not rest on a question of equipment and amenities, many other factors are concerned - proper use, local rules as apart from the Fublic Shelter Regulations, proper cleansing, and the inculcation of a community spirit amongst shelterers, and other factors all have their part in this result.	
This talk deals with the practical question of shelter use and management; social amenities and general shelter welfare will be dealt with in a separate lecture.	
Cleaning - (London Region Circulars Nos, 198, 200, 299 and 319 XV).	
Cleaning arrangements made by local authorities vary from Borough to Borough. Wardens should make themsleves conversant with local arrangements and should keep a watchful eye on results, reporting through the proper channels if the work is not carried out efficiently. (Shelter Superintendents should explain here what is the method employed in the area with which they are concerned.)	•
In spite of the fact that local authorities are responsible for the general cleanliness of shelters, the shelterers themselves should be encouraged to take a certain amount of responsibility for this. Wardens should educate their shelter users to be "house-proud". Funks should always be left tidy, no matter what regulations are in force locally with regard to bedding, and each bunk area should be cleared of litter by the users of the bunks themselves. (Shelter Superintendents should explain here local rules with regard to bedding).	
In some Authority areas thelter users are encouraged to assist in the actual shelter cleaning and when such an interest is shown, every effort should be made to give facilities.	
Hygiene.	
1. Signs of infestation (London Region Circulars 271 & 276).	
a. <u>Bed-bugs</u> .	
Bed-bugs spend most of their life in oracks and small holes in walls and furniture. They are more usually found where food is present for them, that is to say near the place where a human being is sleeping; they come out only in darkness in order to feed. A common fallecy is the belief that these insects can feed upon dirt or dust. This is not the case; the theory has probably originated from the fact that the bed-bug can live for a long time without food or heat, even for as long as a year.	
After a bed-bug has finished its meal it finds its way back to the place where it lives. Just as it enters its hole or crack it deposits its excreta, leaving a black mark; it is these marks which should be looked for when the presence of bugs is suspected.	
Bed-bugs can easily be spread; they can be brought into a building in used furniture, wood-work, bedding etc. and are more usually carried by <u>things</u> than on people; it is a simple process for them to be brought into shelters in bedding then to take up their abode in cracks or holes in bunks, wood-work or walls. Much can be done by means of seen and water to get rid of the bed-bug. It is for this reason that much importance is placed upon the regular scrubbing of all wood-work etc. in shelters - a little cresol, if available, should be added to the water.	
Cracks in wooden floors, along skirting boards, etc. should be sprayed with scapy water and crescl; a stirrup-rump can be used for this. Another method is to use a blow lamp, going over all apertures such as cracks etc. in the wood-work. The largest cracks should be filled with plaster, and the plaster coated with a vitrifying solution, obtained from the Borough Surveyor.	



So far as bunk fabric is concerned, if bugs are suspected a <u>search</u> should be made and bugs found killed by hand; a disgusting method but necessary and efficacious. The insecticidal powder AL.63 is effective though rather slow. A method of ascertaining the presence of bugs and so getting rid of them A libition of association of the presence of ourse and sign of the first of the mean is to put down picces of corrugated cardboard and when bed-bugs have taken up their residence there burn the card-board. Signs of infestation in a shelter should be reported through the usual channels to the Medical Officer of Health. (Shelter Superintendent should state here local procedure for reporting such cases). b. The Louse. If a person is infested with lice, they must have originated from another human being; animals do not have lice and it is a complete fallacy to suppose that they can be bred by lirt. The louse multiplies with speed and can rapidly be spread through a crowded community. There are two kinds of lice - head lice and body like - the one is found mainly in the hair of the head, and the other inside undergarments. If lice get away from the human body they starve to death in a few days. They are very seldon found on walls, floors etc. The presence in a public shelter of a person affected by lice should be reported immediately to the Medical Officer of Health through the usual channels. c. Fleas and other insects. It is improbable that fleas will give much trouble if the shelter is clean they herd in dusty floors. If floors are carefully swept and the dust burnt, there should be no trouble and the regular scrubbing of floors with hot water and scap, with 2% of cresci added to the water, will make sure of this. Beetles, cockroaches and woodlice may be met with in cellars but they are not harmful to man, so it is unnecessary to take any active steps other than reassurance. d. Mice and Rats. If the presence of mice in a shelter has been proved, active steps should be taken to get rid of them, if only on the grounds that the presence of a mouse has been known to throw women into hysterics. The presence of rats in a shelter should be reported through the usual channels to the Medical Officer of Health. a. Litter (London Region Circular 319 XVI. Public Shelter Regulation 3 (e)). Untidiness should not be tolerated in a shelter. Shelter Wardens should insist upon all litter being placed in the receptacles provided for the purpose. Sprays and Disinfectants. Sprays and disinfectants should be kept in good order and used regularly in accordance with instructions. (Shelter Superintendent should state here any local instructions for the use of disinfectants). 2. Sanitation. (London Region Circular 319 IX, XI, XII, Public Shelter Regulations (c) and (d) Sanitary Conveniences. a. Shelter Wardens must make themselves conversant with the methods used by the Local Authority for cleansing sanitary conveniences and should report if the work is not satisfactory. Closets should be well lighted at all times, and the lighting arrangements should be arranged so that when lights are dimmed in the dormitory portion of a shelter it is possible for the sanitary conveniences to remain fully lighted.



### **Questions for Discussion**

1. What were the principal challenges faced in public air raid shelters and why were they considered so problematic?

2. What can this source tell us about the understanding of group psychology which informed much civil defence policy during the Blitz?

3. What can we learn about the social and cultural norms of the period by studying a source such as this? To what extent does it give us an insight into wartime British society at large?



# SOURCE THREE

# Source Intro

One of the main features of the Cold War was the nuclear arms race between East and West, each side hoping that a sufficiently powerful arsenal would serve to deter their opponent from military action. During the early 1950s, this yielded the development of thermonuclear weapons, often known as hydrogen bombs. These were significantly more powerful than conventional atomic weapons and, as a result, vastly increased the level of destruction which Britain would face in the event of nuclear conflict. This poster was part of a wider propaganda campaign by civil defence authorities to prepare the wider public for this new menace.

# Source

"The Hydrogen Bomb", 1957.

INF 13/281, <u>image 21</u>.







### **Questions for Discussion**

1. What techniques have the civil defence authorities used in this poster to convey the severity of the hydrogen bomb threat, and how effective do you think they would have been?

2. Beyond merely raising awareness of this new threat, what are the principal objectives of this poster? What can that tell us about civil defence policy in the 1950s?

3. How do you imagine the public would have reacted to this type of messaging? How might it have affected attitudes towards Britain's place in the wider Cold War?



## **Questions for General Discussion**

The following questions are designed to prompt a wider discussion on the events, issues, and themes highlighted in the sources.

1. How did British civil defence policy change throughout the twentieth century?

2. How important was civil defence to Britain's survival, and ultimate victory, in the Second World War?

3. During the Cold War, some anti-war campaigners argued that civil defence legitimised nuclear warfare and therefore made it likely. How convincing do you find this claim?

4. How much can civil defence strategies tell us about the society which they were designed to protect?

5. What can we learn about the relationship between the British government and its citizens by studying civil defence materials?

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